## NCRFU-DISCIPLINARY GUIDELINES

Yellow Card: If a player receives a caution ("yellow card") for violations of Law 10.1 or 10.4, the caution shall be reported to the disciplinary committee. If a player receives two yellow cards within a season for violations of Law 10.1 or 10.4, for disciplinary purposes, the second offense shall be treated as if a "red card" had been issued.

Red Card: If a player is sent off ("red card") the send-off shall be reported to the disciplinary committee. If a player receives a red card, that player shall be ineligible to play for the greater of 15 days, or two matches. This automatic sanction for receipt of a red card sanction is administrative and is not subject to appeal.

When a player is sent off ("red card") the field for the following reasons, the sanctions should generally be in the range set forth below, but may be increased if the situation warrant a harsher penalty. These penalties are inclusive of the fifteen day, or two match suspension described above.

1. Minor Offense (early or late tackles):

First Offense: - 2 - 3 weeks.

Second Offense (within one season): - 4 - 6 weeks.

Third Offense (within one season): - 3 months.

2. Major Physical Offense (kicking, punching, dangerous rucking):

First Offense: - 2 - 6 weeks.

Repeat Offense (within one calendar year): - 4 - 10 weeks.

a) If these strikes were directed to the head or groin:

First Offense: - 3 - 12 weeks.

Repeat Offense (within one calendar year): - 6 - 12 months.

b) If this type of offense is directed at a player who is in a defenseless position, or situation, and/or in the referee's opinion were delivered with the intent to injure, the suspensions shall be increased as follows:

First Offense: - increase by additional 6 - 8 weeks.

Repeat Offense (within one calendar year): - increase by an

additional 3 - 6 months.

3. One Week = At least One Match Day: The suspensions noted above shall be interpreted as implying one week equals one regularly scheduled match - whichever is the longer suspension. Clubs accused and found guilty of scheduling additional fixtures to circumvent these regulations will be subject to additional penalties. For repeat offenses, the time calculation shall be the elapsed time since the last infraction. An individual shall be subject to the penalties for "second," "third" or "repeat" offenses only if there has been a prior suspension or disciplinary penalty imposed.

4. Player Sent Off - Offenses against a Referee or Touch Judge, or a game related offense reported by a Referee or Touch Judge:

Because of the seriousness of these offenses these sanctions must be strictly adhered to:

a) Persistent criticism/disputing of calls:

First Offense: - 2 - 3 matches.

Second Offense (within one calendar year): - 4 - 6 matches. Third Offense (within one year): - Formal hearing. A formal hearing shall be defined as a meeting of the Disciplinary Chair plus at least two additional members of the disciplinary committee.

b) Verbal abuse and/or threatening a Referee or Touch Judge:

First Offense: - 3 - 5 matches.

Second Offense (within one year): - 6 - 10 matches.

Third Offense (within one year): - Formal hearing.

c) <u>Continuation of a) or b) above, and/or nonviolent contact</u> with a Referee or Touch Judge after a send off, or at the end of the match:

First Offense: - 6 months.

Second Offense (within one year): - one or more years.

- d) <u>Physical or Attempted Physical Assault of a Referee or Touch Judge on</u> or off the field, during or after the match:
  - 1. Player is suspended immediately.
  - 2. A formal hearing must be held within two weeks of the incident. The hearing must include the representation from the Disciplinary Committee of the Pacific Coast Rugby Football Union.
  - 3. Unless overwhelming evidence is presented that would mitigate the situation a minimum suspension of five years will be assessed the guilty party.

## When a Coach or Team Official is removed from the playing enclosure by a Referee or Touch Judge:

- 1. A formal hearing must be held within one week of the incident. The hearing must include a representative from the Disciplinary Committee of the Pacific Coast Rugby Football Union.
- 2. Unless overwhelming evidence is presented that would mitigate the situation, sanctions comparable to those against a player for a similar offense shall be imposed.